

# EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org  
Post Office Box 35313  
Tulsa, OK 74153

The Eastern Area Service Committee (EASC) business meeting was called to order by the Chair, Trent R., on October 27th, at 1:00 pm, in Muskogee, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called with

Officers	8
GSR's or Alt's	11
Voting Members	19
VM (Simple Majority)	10
GSR's (Simple Majority)	6
2/3	

## SECRETARY (Read by Diane B)

Corrections to the minutes from 9/29/13

EASC meeting did not meet in the Sun Building  
Minutes accepted and seconded as amended

## TREASURER'S REPORT: (Reported by Trish J.)

Beginning Balance	\$3516.24
Total Revenue	\$699.49
New Balance	\$4215.73
Total Expenses	\$789.21
Regional Donation	<u>\$400.00</u>
Ending Balance	\$3026.52

Minus Prudent Reserve	-\$1700.00
Amount OVER Prudent Reserve	\$1326.52
Minus Budgeted Expenses	<u>-\$1700.00</u>
Amount <b>UNDER</b> budgeted expenses	<b>-\$373.48</b>

## LITERATURE: (Reported by Melissa C.)

Beginning Bank Balance	\$ 1493.73
Deposits	\$ 2491.19
Literature Orders	\$ 1639.04
Rent	<u>\$ 100.00</u>
Available Bank Balance	\$ 1609.53

Total Inventory	\$3473.85
Cash On Hand	\$187.96
Sales	\$2178.01
Tax On Sales	\$185.49

## **SUB-COMMITTEE REPORTS:**

**Activities:** (reported by Corey T.)

- **First Sunday in December (December 1, 2013)** – Next EASC will be held in Jay, OK. It is being hosted by Last Chance Group of Jay OK and held at:
  - **816 Main, Jay, OK**
    - 10:00 am – PR Subcommittee
    - 11:00 am – Activities, H&I and Outreach Subcommittees
    - 12:00 pm – Steering Committee (bring any motions to this meeting to be heard at Area)
    - 1:00 pm – Business Meeting
  - **\*\*\*\*NOTE: November & Decembers EASC meeting is combined for the Holidays\*\*\*\***
- **Next OKRSCNA Region Meeting Sunday December 8th** – in Cushing, OK
  - **109 West Moses, Cushing OK**
    - 9:00 am – Fellowship & Development
    - 11:00 am – Business Meeting
- Still have a lot of time slots available for the Marathon Meetings (Christmas Eve & Christmas) Signup sheet. Also still have 1 slot still available to host the Area Meetings.
- We seem to have a lot of interested groups for the Pine Wood Derby event. The cost of the Pine Wood Derby kits are \$5.00 (which groups would purchase and build according to specs). Activities will have a signup sheet in the beginning of the year. Also if there is enough participation inquiry we will have 2 types of completion. 1 were each group has an entry and a 2nd race for individual's as well. (Which the individual would also have to purchase and build according to specs)
- Activities will be looking to put on a Spring Fling in March. We are looking into a venue & a speaker for a spring fling. A workshop will be held as well, More to be revealed next month
- **IF YOU OR SOMEONE YOU KNOW IS INTERESTED IN GIVING BACK TO THIS FELLOWSHIP CONTACT COREY T. at 918.829.4811. We are needing your assistance in all of the upcoming events.**

### **ACTIVITIES BEING HELD IN EASTERN AREA**

- **November 1-3, 2013, 29th Annual Fall Spiritual Retreat** "Simply Spiritual in Nature" okna.org. Camp Walihili. Contact Susan K. 918-240-1456 or Marina P 918-302-8060.
- **November 9, 2013 H&I Workshop/Claremore Group** Topic is "The Importance of a Clear Message" Begins at 3pm Located at 632. East 4th Street, Claremore, OK.
- **Orientations**, See H&I report
- If groups are interested in having activities &/or birthday meetings added to the **on-line calendar**, send request to Dwight, webcontact@eascna.org
- **For Events outside of our area** see the website @eascna.org

**H&I (Hospitals & Institutions):** (Reported by Mike S.)

- **16 panels represented**
- **New Panel!!!!!!**
  - **Pawhuska Residential Treatment Center, On the 1st & 3rd Sundays of the month at 7pm.**  
Panel Leader is Jeff G.
- **NEW - Panel Leader Orientation - See Amanda P.** The 1st orientation was held after the H&I subcommittee today.

(H&I Subcommittee cont.)

- **H & I Panel member Orientations:** are the 2nd Saturday EVERY month at 5:00p.m. at Jimmy's Place on 21st Street, Tulsa. Mike S does out of town orientations. Groups can contact H&I Subcommittee to set up a time and date.
- **There will be Three H&I workshops this Month:**
  - **Saturday, November 9th @ 3:00pm** Sponsored by Claremore Group the event is located at 632. East 4th Street, Claremore, OK Topic will be "The Importance of a Clear Message" Orientations will follow the workshop.

**PR (Public Relations):** (Reported by Joe L.)

- Opened at 11am in Muskogee, had 6 members in attendance.
- **Phone line** – we had 15 calls this month (7 for rides, 4 for information, 3 were not understandable, & 1 for treatment)
- **Phone line updates** - will be updated this week
- **New Phone Line System** - Orientations to be announced.
- **NAWS Web Site** - Being updated by Dwight & will be gathering information from the groups
- **Workshop** -Discussing a workshop for "Creating a New Group".
- **Phone Line Volunteers** – Requesting Volunteers for the New Phone Line System. Need the volunteer's contact information. Workshop on this is to be announced later. Clean time requirement right now is 1 year.

**Web Contact:** (Reported by Dwight D.)

- If you have meeting updates or new meeting information please send an email to [webcontact@eascna.org](mailto:webcontact@eascna.org) or fill out the group update form at the next area. Please follow up to make sure the information was updated.
- If you want your birthday/speaker meetings put on the activities calendar, please send me an email or fill out the events form at the next area.
- I registered as a web contact for NAWS, exported the meetings they have listed for our area, and am comparing them to the export from our area meetings listed in our BMLT database (which will feed our regional phone line). I'm taking the group codes from NAWS and updating them into BMLT, so that I can create an update file for NAWS. I will need help confirming which groups listed in NAWS that aren't in BMLT can be deleted since not all groups have to participate in area.

**Outreach:** (Reported by Larelle L)

- Received an e-mail from Melissa D. about information for Newcomer in reference for a Colcord meeting. Outreach chair e-mailed her the information to pass along as well as the Outreach Chair's number, Also referred here to the EASC Website for more information.
- Spoke with Dwight D. about consolidating/updating meeting list to determine who still meets & who doesn't. Diane B. is also assisting with this task
- **Focus Group this Month is:** Any group in need of support.

**RCM:** (Reported by Pam A.)

- Meeting was held October 13, 2013. in Ardmore OK.
  - **General Service Assembly (GSA)** in Glenco OK on February 7&8th 2014. Upcoming CAR report will be discussed at the GSA. Attendance is encouraged because the CAR report is the subjects brought to World for change at the World level. Changes can contain content from change in literature to change in procedures And will require the votes of the groups all over the world. See attachments for instructions on how to obtain a CAR Report.
  - **Clean & Crazy Committee-** Will have their 1st meeting on November 10th, at 12 noon at the Cushing Connection meeting place in Cushing Connection. (Inquires in Eastern Area can ask Mike S. for more details)

- **Voting**
  - Secretary - Kelly B, 8-8-10 clean date, GSR for home group, stepped down as GSR and is still GSR alternate, office manager 15 years, owned own business,
  - Co-Facilitator - **Intent to fill**
  - Fellowship Development Facilitator - **intent to fill must have 4 years clean**
  - RSO Board Member - Colby B.
  - *FSR Chair for 2014???* - **Intent to fill:**
  - Co Facilitator - clean time required is 3 years
  - Secretary - clean time required is 3 years
  - Fellowship Development Committee
  - Facilitator, Co Facilitator & Secretary
  - RSO Board Member
- **\*\*\*Contact Pam A. for any further questions about clean time requirements. (She's on the web under R.D.M. Contact)**
- **Treasure's Report:**
  - Beginning Balance \$8,550.11
  - Ending Balance \$9,787.09
  - See Attachments for Bank Statement
- **Cost for this year's Zonal Form trip** for both RD & RDA - See Attached RCM Report to EASC
- **The Insurance for Region and Areas** comes due November 2013, It is suggested that all groups in areas donate \$25.00 toward this. Will have new forms but if you can take to your groups and bring a check back to next area we can fill the forms out with you.
- **Regions suggestion** for EASC Literature to start utilizing a "**CUBE**" (Credit/Debit card reader)
- **Website:** [www.okna.org](http://www.okna.org)
- **Next Region:** Sunday, December 8, 2013 in Cushing OK.

## OLD BUSINESS;

- **David S:** A judgment was granted from Tulsa Count Court. To make restitution, Mike S. explained that once David is working again we need to take the judgment down to the Tulsa Court Clerk that issued it and she will then walk us through the form and process of getting the garnishment. Any and all costs encountered at this point forward can be attached and included in the garnishment. The judgment is good for 3 yrs.
- **EASC October's Elections:**
  - Chair - Earnest P
  - Vice Chair - Mike S.
  - Treasurer - Trent R.
  - Secretary - Diane B.

## NEW BUSINESS:

- **MOTION** made by EASC Literature Committee member
  - **Motion:** To raise our Literature from 10% to a 20% markup. Due to no grace on any orders from \$10.00 to \$1000.00. We need to continue to be self supporting..
  - Intent: Literature office has been losing money for the last 6 months due to an increase of 9% on shipping charges. We no longer get a lowering of % for orders of \$500.00 or more. It use to go down to a 4% (a 5% increase) We used to have to sell \$1000.00 in literature to pay our own rent, now we have to sell \$2000.00in literature.
- **Take back to the groups**
- **TABLED UNTIL NEXT AREA NEED MORE INFORMATION FROM LITERATURE**

## DISBURSEMENTS

- We are under budgeted expenses so there was no donation to Region this month.

## ANNOUNCEMENTS:

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- **A GSR Report** form will be included with the minutes every month. Please download the form and keep handy in the event your group can not attend an EASC meeting. You can return the completed form (Or send all information on this form in an e-mail to the EASC Secretary at [sec@eascna.org](mailto:sec@eascna.org) This is an effort to at least have your group's counted as "Report only" status at that EASC Meeting. This way we will be able to assist your group with support or know if your group is doing well.
- **North Side Stroll - Thanksgiving Day Feast**-November 28th Located at 205 S. Sheridan, Tulsa OK Doors open at 3pm- See attached flier for additional information!
- **More Will Be Revealed - Birthday/ Speaker Meeting** -November 14th - See Attached Flier
- **NEW GROUP!!! Walk Your Talk** -Mondays & Thursdays 9 to 10pm, Saturdays & Sundays 3 to 4pm. Located at the University United Methodist Church 500 Sout College Avenue. Sundays, Mondays & Thursdays 3rd floor, Saturdays in the basement.
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## GROUPS: “ARE THERE ANY PROBLEMS EASC CAN HELP YOUR GROUP WITH?”

- **Grove Life Line** – Sunday@2pm, Wed/Fri@9pm  
At Okie Smokies BBQ 2230 So Main – Grove OK.. - Needs attendance of all kind. Attendance, Clean time, newcomers, etc...
- **Foyil** - Needs attendance of all kind. Attendance, Clean time, newcomers, etc...
- **Show Me How to Live Group** - Needs attendance of all kind. Attendance, Clean time, newcomers, etc..., 5525 East 51st Street, Ste 210.
- **Just Another Hour** - Needs Attendance of members with substantial clean time.
- **More Will Be Revealed:** Needs Attendance of members with substantial clean time. Mondays and Thursdays, 6:30pm.
- **Lost and Found:** Needs Attendance of members with substantial clean time. We have 4-5 members with a year clean” 221 So. Seminole, Okmulgee, OK.
- **Solutions:** Needs Attendance of members with substantial clean time.

## CLOSING:

Since there was no further business to be brought before the groups, the meeting was adjourned at about 4:00 and closed with a moment of silence & prayer.

Respectfully submitted, EASC Secretary

November 2013						
SUN	MON	TUE	WED	THURS	FRI	SAT
27	28	29	30	31	1	2
	NorthSide Stroll B-Day Mtg	Sapulpa B-Day Mtg Solutions B-Day Mtg Stone Cold Clean B-Day Mtg			<b>Fall Spiritual Retreat Begins</b>	<b>Fall Spiritual Retreat</b>
3	4	5	6	7	8	9
<b>Fall Spiritual Retreat</b> Double Trouble B-Day Mtg	Owasso Gratitude B-Day Mtg	Peaceful Warriors B-Day Mtg		Claremore B-Day Mtg		<b>H&amp;I Workshop</b> <b>Claremore Group</b>  NA-A-Risin B-Day Mtg
10	11	12	13	14	15	16
				More will be Revealed B-Day Mtg	Just Another Hour B-Day Mtg	Westside Group B-Day Mtg
17	18	19	20	21	22	23
			Hardcore B-Day Mtg		Second Chance B-Day Mtg	Sharing N Recovery B-Day Mtg  Lost & Found B-Day Mtg
24	25	26	27	28	29	30
Tulsa Original Group B-Day Mtg  Hump Day Group B-Day Mtg	NorthSide Stroll B-Day Mtg  Walk Your Talk B-Day Mtg	Sapulpa B-Day Mtg Solutions B-Day Mtg Stone Cold Clean B-Day Mtg		<b>NSS Thanksgiving Feast.</b>	Peace of Mind B-Day Mtg	Ultimate Weapon-Muskogee. B-Day Mtg