

# EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org  
Post Office Box 35313  
Tulsa, OK 74153

The Eastern Area Service Committee (EASC) business meeting was called to order by the Chair, Trent R., on September 29th , at 1:00 pm, in Tulsa, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called with

Officers	8
GSR's or Alt's	18
Voting Members	15
VM (Simple Majority)	14
GSR's (Simple Majority)	10
2/3	17

## **SECRETARY** (Read by Diane B)

Corrections to the minutes from 8/25/13

1. "Motion to list amount of donations in the same way it's being done." as stated in the minutes from 8/25/13. **The intent of this Straw poll was to not have the groups names next to the amount of donations made by the groups listed in the area treasures report. The poll results were**

**For removing** the group names **25**

**Against removing** the group names **2**

**Abstained from** removing or not removing the group names **?**

**Straw poll passed.** The treasures report will no longer list the groups names next to the amount of donations made by the groups

2. "Next Regional Meeting to be on October 20, 2013 in Ardmore OK" the **correction is that the next Regional Meeting will be on October 13, 2013 in Ardmore OK.** (see RCM Alt Report)

## **TREASURER'S REPORT:** (Reported by Trish J.)

Beginning Balance	\$3114.82
Total Revenue	\$991.31
New Balance	\$4106.13
Total Expenses	\$289.89
Regional Donation	<u>\$300.00</u>
Ending Balance	\$3516.24

Minus Prudent Reserve	\$ 1700.00
Amount OVER Prudent Reserve	\$ 1816.24
Amount OVER budgeted expenses	\$116.24

\*\*\*Note the secretary will send out updated treasures report as soon as she receives it.\*\*\*

**LITERATURE:** (Reported by Melissa C.)

Beginning Bank Balance	\$ 579.66
Deposits	\$ 1958.55
Literature Orders	\$ 1929.91
Rent	\$ 100.00
Available Bank Balance	\$ 917.34
Total Inventory	\$3536.352
Cash On Hand	\$353.32
Sales	\$3761.90
Tax On Sales	\$320.55
Bank Balance on 9/29/13	\$

\*\*\*Note the secretary will send out the ending balance on this report as soon as she receives it.\*\*\*

**SUB-COMMITTEE REPORTS:****Activities:** (reported by Corey T.)

- **Last Sunday in October (October 27, 2013)** – Next EASC will be held in Muskogee, OK. It is being hosted by Ultimate Weapon and held at:
  - **Sun Building : 215 North 11th Street, Muskogee Oklahoma**
    - 10:00 am – PR Subcommittee
    - 11:00 am – Activities, H&I and Outreach Subcommittees
    - 12:00 pm – Steering Committee (bring any motions to this meeting to be heard at Area)
    - 1:00 pm – Business Meeting
- **Next OKRSCNA Region Meeting Sunday October 13th** – in Ardmore, OK
  - **12 Broadlawn Village :**
    - 9:00 am – Fellowship & Development
    - 11:00 am – Business Meeting
- Passed around Marathon Meetings (Christmas Eve & Christmas) Signup sheet. Also Passed around a signup sheet to host the Area Meetings.
- Ask GSR's to ask their groups if they would be interested in building a Pine Wood Derby car and have a Pine Wood Derby. Cory is researching the cost of the kit, groups would purchase the kit
- Also looking to put on a bowling fund raiser for a Spring Fling event.

**ACTIVITIES BEING HELD IN EASTERN AREA**

- **October 4-6, 2013, NA Cave-In Campout**, Robber's Cave State Park, Located in Wilburton, OK
- **October 20, 2013, Region Learning Day**, 301 NE 1st Street (1st Christian Presbyterian Church) Pryor OK 74361. Starts at 2pm.
  - 2:00-2:30pm: H&I Orientations
  - 2:45-3:45pm: Traditions Book Project
  - 3:45-4:30pm Eating
  - 4:30-5:00pm Group Conscious Workshop
  - 5:15-6:00pm Consensus Based Decision Making
- Free Door Prize Raffle & Hump Day Meeting (7:30pm)
- **October 26, 2013, Sharing in Recovery, Monster Mash**, Located at the Trade Winds - Skelly Drive & Harvard. Starting at 5:00 pm until ??? – Auction of large TV. Need participation
- In Kid's Line. Contact Cheryl G.
- **October 26, 2013 Peace of Mind/Tulsa Original Group Picnic**. 12pm to 4pm located at Chandler Park Shelter 2. Food and Meeting.
- **November 1-3, 2013, 29th Annual Fall Spiritual Retreat** "Simply Spiritual in Nature" okna.org.

## EASC MEETING MINUTES

Camp Walihili. Contact Susan K. 918-240-1456 or Marina P 918-302-8060.

- **Orientations**, See H&I report
- If groups are interested in having activities &/or birthday meetings added to the **on-line calendar**, send request to Dwight, webcontact@eascna.org
- **For Events outside of our area** see the website @eascna.org

**H&I (Hospitals & Institutions):** (Reported by Mike S.)

- **19 panels represented**
- **New Panel Leaders**
  - **Monarch (Women)** -Ellen C
  - **Rogers County Jail (Woman's)** - Kim B.
- **Several panels are needing support**
  - **House of Hope in Gove OK** -.See Nelson A. (918.899.0901)
- **Orientations:** is the 2nd Saturday EVERY month at 5:00p.m. at Jimmy's Place on 21st Street, Tulsa. Mike S does out of town orientations. Groups can contact H&I Subcommittee to set up a time and date.
- **There will be Three H&I workshops this Month:**
  - **Tuesday, October 15th @7:00pm** hosted by The Hardcore Group. Located at 1839 N. Boston Ave, Tulsa OK. Topic is "Benefits of Adolescence H&I Panels" Orientations will follow the workshop.
  - **Sunday, October 20th @ 2:00pm** During the Regional Learning Day. Located at 301 NE 1st Street (1st Christian Presbyterian Church) Pryor OK 74361.
  - **Saturday, October 26th @ 5:00pm** during the "Monster Mash" Sponsored by Sharing N Recovery the event is located at the Trade Winds at the intersection of 51st & Harvard, Tulsa OK. Topic is "Benefits to your Recovery by doing H&I" Orientations will follow the workshop.

**Web Contact:** (Reported by Dwight D.)

- If you have meeting updates or new meeting information please send an email to [webcontact@eascna.org](mailto:webcontact@eascna.org) or fill out the group update form at the next area. Please follow up to make sure the information was updated
  - If you have special events for me to post on the activities page and activities calendar, no flyer is needed - but I can post them as well if provided via email. I have no easy means to scan flyers.
  - If you want your birthday/speaker meetings put on the activities calendar, please send me an email or fill out the events form at the next area. Currently GSR Reports are not available to the web contact.
- All groups should check their meeting information on the world website [na.org](http://na.org). This information is kept in a different database than the BLMT (that feeds the area website online search and is going to feed the regional phone line). It is the responsibility of the groups, not area, to make sure this information is accurate since area has no means to update this information. You have to have the group code in order to update this information. Region might be looking into getting this information updated, but it's better if the groups can keep their own information updated.

**PR (Public Relations):** (Reported by Joe L.)

- **Phone line** – Update recordings for Phone Line. Will be updated Quarterly until Regional Phone Line established.
- **Elks Lodge Health Fair in Oct** - Has been canceled.
- **Muskogee's Community Awareness Presentation** – Went well (Thanks Sam)
- **211 Information** - has been updated.
- **Phone Line Volunteers** – Requesting Volunteers for the New Phone Line System. Need the volunteer's contact information. Workshop on this is to be announced later. Clean time requirement right now is 1 year.

**Outreach:** (Reported by Larelie L)

- **Discussion:** No new news concerning a location for Spanish speaking meeting, but interested parties are continuing to look into such venues.

- **Focus Group this Month is Foyil:** Needs participation, sponsors; doors being opened regularly, although 7th tradition isn't where they need it. Their meeting place landlord is working with them to keep the doors open. They had their 1st speaker & eating meeting in a long time. Joey celebrated 3 years.  
Possible workshop in Foyil; Topics will be on Group Responsibilities, Sponsorship, Key holders responsibilities, & Cleaning up after meetings. Traditions 4-6
- **Just a Note:** Last month at EASC in Pryor, monies were raised for Peaceful Warriors to start a bracelet fundraiser. The GSR of that group informed me that the meeting does not need the services the fundraiser was intended to fund and expressed that he sale of the bracelets should fall to EASC, & Outreach specifically. AS we, as an area, voted to not fund that cause, the responsibility falls to that group, and the GSR was informed as such. The Outreach chair also informed said GSR that any further discussion concerning that matter should be taken to the EASC chair. Again, this is just information for our area.

**RCM:** (Reported by Cheryl G.)

- Nothing new to report since 8/25/13 meeting. Region will meet again on October 13, 2013.
- Pam A. reported on 8/25/13
  - Meeting was held August 18, 2013
  - **Intent to Fill:**
    - Co Facilitator - clean time required is 3 years
    - Secretary - clean time required is 3 years
    - Fellowship Development Committee
    - Facilitator, Co Facilitator & Secretary
    - RSO Board Member
  - \*\*\*Contact Pam A. for any further questions about clean time requirements. (She's on the web under R.D.M. Contact)
- **Website:** [www.okna.org](http://www.okna.org)
- **Next Region:** Sunday, October 13, 2013 in Ardmore.

**OLD BUSINESS;**

- **David S:** A judgment was granted from Tulsa Count Court. To make restitution, Melissa turned the situation over to Mike S. for the process of getting the garnishment set up. Mike S. Explained that once David is working again we need to take the judgment down to the Tulsa Court Clerk that issued it and she will then walk us through the form and process of getting the garnishment.
- **MOTION** made by OKRCNA
  - **Motion:** For approval of the following change to the Regional By-laws on the description for the Fellowship Development (FD) Workgroup and the requirements for positions. Verbiage was taken and altered directly for the bylaws, the changes are crossed out and the new language entered, More will be discussed at next EASC..
  - Intent: ? See Attachments
    - **For:** 10      **Against:** 1      **Abstentions:** 3
    - **Motion Passed**

- **EASC October's Elections:**
  - **Intent to fill:**
    - Chair
    - Vice Chair
    - Treasurer
    - Secretary

### **NEW BUSINESS:**

- No new business for September 2013

### **DISBURSEMENTS**

- Donation to Region - \$400.00

### **ANNOUNCEMENTS:**

- **Next OKRSCNA Region Meeting Sunday October 13th** – in Ardmore, OK
  - **12 Broadlawn Village :**
    - 9:00 am – Fellowship & Development
    - 11:00 am – Business Meeting
- **Last Sunday in October (October 27, 2013)** – Next EASC will be held in Muskogee, OK. It is being hosted by Ultimate Weapon and held at:
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### **GROUPS: “ARE THERE ANY PROBLEMS EASC CAN HELP YOUR GROUP WITH?”**

- **NEW GROUP! - Grove Life Line** – Sunday@2pm, Wed/Fri@9pm  
At Okie Smokies BBQ 2230 So Main – Grove OK.. - Needs attendance of all kind. Attendance, Clean time, newcomers, etc...
- **Foyil** - Needs attendance of all kind. Attendance, Clean time, newcomers, etc...
- **Show Me How to Live Group** - Needs attendance of all kind. Attendance, Clean time, newcomers, etc..., 5525 East 51st Street, Ste 210.
- **Just Another Hour** - Needs Attendance of members with substantial clean time.
- **More Will Be Revealed:** Needs Attendance of members with substantial clean time. Mondays and Thursdays, 6:30pm.
- **Lost and Found:** Needs Attendance of members with substantial clean time. We have 4-5 members with a year clean” 221 So. Seminole, Okmulgee, OK.
- **Hump Day Group:** “Still meets on Sundays but now we meet on Wednesdays too.”
- **Solutions:** Needs Attendance of members with substantial clean time.

### **CLOSING:**

Since there was no further business to be brought before the groups, the meeting was adjourned at about 3:00 and closed with a moment of silence & prayer.

*Respectfully submitted, EASC Secretary*

OCTOBER 2013						
SUN	MON	TUE	WED	THURS	FRI	SAT
29	30	1	2	3	4	5
	NorthSide Stroll B-Day Mtg	Peaceful Warriors B-Day Mtg		Claremore B-Day Mtg	<b>NA Cave-In</b>	<b>NA Cave-In</b>
6	7	8	9	10	11	12
<b>NA Cave-In</b> Double Trouble B-Day Mtg	Owasso Gratitude B-Day Mtg	Stone Cold Clean B-Day Mtg		More will be Revealed B-Day Mtg		NA-A-Risin B-Day Mtg
13	14	15	16	17	18	19
		<b>H&amp;I Workshop 2PM (Sponsored by Hardcore)</b>	Hardcore B-Day Mtg	Saturday Night Live B-Day Mtg	Just Another Hour B-Day Mtg	Westside Group B-Day Mtg
20	21	22	23	24	25	26
<b>Region Learning Days. 2PM in Pryor OK</b>  <b>H&amp;I Workshop 2PM</b>					Living Clean B-Day Mtg  Second Chance B-Day Mtg  Peace of Mind B-Day Mtg	<b>POM &amp; Tulsa Original Group Picnic 2 PM</b>  <b>Monster Mash 5PM</b>  <b>H&amp;I Workshop 5PM</b>  Sharing N Recovery B-Day Mtg  Ultimate Weapon-Muskogee. B-Day Mtg  Lost & Found B-Day Mtg
27	28	29	30	31	1	2
Tulsa Original Group B-Day Mtg  Hump Day Group B-Day Mtg	Peaceful Warriors B-Day mtg	Sapulpa B-Day Mtg  Solutions B-Day Mtg			<b>Fall Spiritual Retreat Begins</b>	<b>Fall Spiritual Retreat</b>