

**EASTERN AREA SERVICE COMMITTEE of NARCOTICS**  
**ANONYMOUS**  
**www.eascna.org**  
**Post Office Box 2243**  
**Owasso, OK 74055**

The Eastern Area Service Committee (EASC) regular business meeting was called to order by the Chair, Corey T., on February the 26th 2016 at 1:00 pm, in Tulsa, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called and a quorum was established with the following voting members;

|                    |    |    |
|--------------------|----|----|
| Officer's          | 6  | 6  |
| GSR's or Alts      | 22 | 21 |
| Voting Members     | 28 | 27 |
| VM (Simple Maj)    | 15 | 14 |
| GSR's (Simple Maj) | 12 | 12 |
| 2/3                | 19 | 18 |

The secretary read the minutes and they were amended.

- 75.00 Packets passed at region
- Doug S. not the co chair at region

**Treasurer's Report:** Reported by Earnest  
See Attachment

**SUB-COMMITTEE REPORTS:**

**Literature:** Gizzy

In addition to our financial reporting this month, EASCNA Lit Office would like to announce the following progresses made over the last month. We are proud to announce that we are in a position to start ordering directly from NAWs.. As of Feb 2017 the Lit Office has 500\$ credit with NAWs to increase to 2,500\$ next month (Mar2017) This credit and the ability to order from NAWs will save us on shipping (9% to 8%, as well as one shipment vs 3 or 4) and time, as we will only need to place one big order a month.. Please note NAWs requires 14 days to process order and ship.. This is our only disadvantage as we are use to making and getting orders weekly.. There will be a transitional period as we go from 3/4 orders a month to 1; Please bare with us as we make this transition. Once this transition is in good order rotation we have a couple of options to consider on possibly marking down prices or donating back into the service structure. We will look into this after a few month of consistent orders and payments to NAWs.. This is just one milestone of many had and many to come. Thank you for letting us be of svcs :)  
See Attachment for full report

**Activities**

- Marathon meeting went well. 280.41 returned to area.
- Discussion started about the Spring Fling

**H & I (Hospitals and Institutions):** Reported by Hollie

13 Panels represented, 2 reports only.

H&I to contact New Beginnings in Miami to see if there is an interest in taking an H&I panel into juvenile facility

- Intent to Fill: Thunderbird girls (Pryor)  
Payne County mens jail (1 Year out of Payne Co jail)
- A discussion occurred with regard to a decision made by H&I sub committee during January area sub committee regarding DRT or drug replacement therapy medication and H&I.  
The committee voted Not to allow a person who is currently taking DRT to do H&I until said person has at least

90 days clean from said DRT. It was a unanimous vote.

It was my understanding that I did not need to bring this vote to area but in today's sub committee it was suggested that I bring the discussion to area.

12/12 has opened a new level of treatment for private pay and insurance only clients and has requested that NA bring an H&I panel into on Sundays @ 10:30. Committee was in agreement and Johnny S. has been voted as panel leader.

- Updates:

All panels reported as doing well. Additional reports as follows.

12/12 Sunday detox- is only getting 1 or 2 detox participants and they end up leaving during discussion. Panel leaders will report next month to see if a change needs to be made.

Payne County Men- moving meetings to the 2<sup>nd</sup>/4<sup>th</sup> Wednesday of the month until further notice

Thanks,

Hollie H.

**PR (Public Relations):** Reported by Angie

We are doing a presentation tomorrow at the Miami Juvenile Center, (ROCMND). H&I is aware that the facility is receptive to bringing in an NA meeting (details are forthcoming in regard to how often, days and times, etc....).

The meeting list is up to date. I am attaching an example of the meeting list that the BMLT can produce as opposed to spending \$21.00 monthly on the meeting list that comes from a Publisher file.

This is the email that came from our web contact that shows how the BMLT could generate a meeting list:

**From:** EASC Web <[web@eascna.org](mailto:web@eascna.org)>

**Date:** January 4, 2017 at 5:43:25 PM CST

**To:** Smith Angie <[angieofna@aol.com](mailto:angieofna@aol.com)>

**Cc:** Pointer Earnest <[earnestescaped@yahoo.com](mailto:earnestescaped@yahoo.com)>, Keith Taylor <[kftaylo@sandspringsok.org](mailto:kftaylo@sandspringsok.org)>

**Subject:** Printed EASC meeting List

**How would you like to never mess with updating the printed meeting list again?** I realize you have not been updating it long, but I can assure you I would be grateful for it.

**How can we make this miracle happen?** They have finally come out with the meeting list generator for the BMLT. This means that the list is automatically updated based on the latest and greatest info in the BMLT.

It is limited in how 'pretty' we make it, but I think that is a small price for the benefit. I have played with the formatting to match our current schedule as best I can. What do you think?

This is no way to 'star' a change or new meeting, but we can use the 'Comment' field in BMLT to highlight. See the example I made in the Sunday Claremore meeting & NA Arisin. This adds an extra line so it should be used sparingly.

Tony K.

This example meeting list was current from the BMLT from December 2016 and is attached for your review.

Keith did contact the Muskogee hospital that had questions about NA. The facility had contacted world service board and they in turn contacted our region who contacted the PR committee of area. The just of the conversation is the hospital administrator is wanting an NA meeting at her facility. Keith contacted the Muskogee group and in their group conscious it was discussed if that group wanted to move it's meeting to that facility. It was voted no, the group will remain at their current location. The next step is for H&I to see if their is a person willing to step up as an H&I panel leader. The Muskogee group does have members willing to take an H&I meeting in but would not have a member to be a panel leader. This was relayed to the H&I chair for discussion at next month's subcommittee meeting.

Thank you for allowing me to be of service.

angie s.

See Attachment for meeting list pdf

**Web Contact:** Tony K.

See Attachment

**Email address change- Don't forget! The new email address is [web@easc.org](mailto:web@easc.org)**

**Email all items to Tony so he may have a point of contact: [web@eascna.org](mailto:web@eascna.org)**

- o To contact all EASC trusted servants; the email address is [trusted@eascna.org](mailto:trusted@eascna.org).
- o Subscribe to EASCNA Announcements via Email! Go to [www.EASCNA.org](http://www.EASCNA.org), scroll to the bottom of the page and enter your email address to receive occasional announcements made by EASCNA.

**Outreach:** Reported by Corey T.

Outreach Sub-committee Report Feb. 26th 2017 Outreach traveled to 2 meetings last month. 1) Pawhuska Serenity Seekers Their meeting is really growing and doing well. They are currently looking for a larger meeting place. 2)Salina Better Late Than Never They are still meeting. They have changed their meeting time from 7:30pm to 6:30pm. The meeting list has been updated. Outreach traveled a total of 226 miles The reason I am not here today. I am at a convention in Omaha NE. If there are any questions or requests about Mobile Meetings, please feel free to call me. 918-951-9685. Also April will be Sub-Committee elections. I have been Outreach Chair for 2 yrs and in the spirit of rotation I will be stepping down in April. So anybody interested in this position please call me. I am not asking for any reimbursement at this time. It is a privilege to be of service. Chair Mike S 918-951-9685

**RCM Report:** Reported by Ed

Fellowship Development Open Forum

Topics of discussion

- 1) is it in areas bylaws that are committee members attend region .
- 2) best location for the sponsorship behind walls p.o. box. Tulsa was suggested .
- 3) starting a regional phone line

Old business

\$75 outreach fund passed

Reports

Treasure's report

|                        |            |
|------------------------|------------|
| Ending balance         | \$9,354.00 |
| Prudent reserve        | \$ 700.00  |
| Bills                  | \$1,835.84 |
| Upcoming events        | \$5,700.00 |
| Balance to do business | \$1,118.24 |

RD and RDA report

- 1) zoom video meeting service up and running
- 2)40,000 guiding principles book sold
- 3)next zone in September At S.D.R.C.N.A convention
- 4) \$3100.00 donation made to world from zone
- 5)multi zonal maybe in tulsa in fall of 2018
- 6)need mental health i.p. input. forms available at area
- 7)NAWS incoming donation holding at about average
- 8) asking for input on what prison to start sponsorship behind walls program in. Thinking Mabel Bassett . Program will

start in about 6 months. If interested in participating contact Kyle B. [918 406-8539](tel:9184068539)

OKRCNA

Had to shut down pre registration temporarily . More info on [okna.org](http://okna.org)

FSR

Info on [okna.org](http://okna.org)

GSA

Info on [okna.org](http://okna.org)

Clean and Crazy

All systems go. Eastern area pigout will be April 29th at 1529 west 49th St 11 am to 5 pm eat at 1 desert contest with prizes. please bring na related items for raffle .

New business

Region schedule

April 9th western area m.w.b.r.

June 11th eastern area cushion g connection

Aug.13th southern 5th area Duncan 706 ridley Rd

Oct.8th western area m.w.b.r.

Dec.10th eastern area Muskogee ultimate weapon

Elections

Chair Keith T. , eastern area

Sec. Velva L. , western area

Web master, Greg B. Western area. [greg.beer@gmail.com](mailto:greg.beer@gmail.com)

Intent to fill

Co chair 3 yrs clean

Archives 5 yrs clean

Treasure 5 yrs clean

- 1) Zone requested areas input on sending an unseated , non voting member to w.s.c.. Will discuss at area.
- 2) In response to a letter sent to regions p.o. box. The \$75 out reach fund was used to send books to a meeting started by inmates at Sayer and gave letter to appropriate area rcm.

Eastern Area discussion included: There is discussion at region to send someone from to represent zone at the world conference. Cons included- World conference is already to crowded and zone is not a part of the service structure so we may not ever need a zonal rep there. Pros included- Having an individual already familiar and able to relay information effectively if we do move to a zonal forum. Straw Poll results were 3 For 12 Against 7 Abstain

Pig Out April 29<sup>th</sup> 11-4 at 1529 W 49<sup>th</sup>. (Where Westside and OG meet) Desert contest with prize. This is a fund raiser for the Clean and Krazy Campout

**Regional Delegate Report:** Available at [okna.org](http://okna.org). \* Ok region minutes. The password is service

**OLD BUSINESS-**

**NEW BUSINESS-**

cj:11/2015

**Discussion regarding recended motion concerning Area Budget.**

How does the budget work? What is the breakdown of the expenses versus the prudent reserve difference? Responses, Prudent reserve is set at 1700 which is approximately 2.5-3 months operating expenses, reason being activities and pr budget accrue and must therefore be taken out. Pr has had a higher budget because the entry fee to do certain presentations in the past has been several hundred dollars. They are both taken off in case both committees needed their budget at the same time. Maybe an adhoc could look at our current budget and determine if it is still the best course of action for our area or needs revision

Adhoc Committee to be chaired by Earnest as a point of contact. That being said anyone can be and is encouraged to be involved. We all have different skill sets we can bring to the table that can be helpful. This process could take a few months and the committee will bring it's findings to area business meeting upon completion.

**Motion: To make the treasurer a 2 year commitment**

**Intent: To match the it office in being a 2 year commitment and lessen the changes to the bank account**

**18 For 1 Against 1 Abstain**

**Discussion regarding rescinded motion concerning Area Inventory:**

A motion was made stating that current area committee isn't knowledgeable on procedures and that are missing out on it's most important job, how to serve the groups and the addict still suffering. This motion was withdrawn after the decision to move forward with the inventory process next month was made in an effort to expedite the process before elections in April. Thus giving our next trusted servants an opportunity to have clear goals and procedures for their term in mind before accepting said position. In an effort to clarify what it is we would like to accomplish by this I am including an excerpt from, "A Guide to Local Service". Page 61 Also a separate email has been generated and sent out in an effort to help get the ball rolling. This will take everyone's cooperation and participation.

"Some area committees set aside one day each year for conducting an area service inventory. Why? For much the same reason as NA members do personal inventories: to stop, consider their actions and attitudes, and rededicate themselves to their ideals. The area inventory considers three general topics:

1. How well has the area committee done this year at serving the groups, and how can it better serve them in the year to come?
2. How well has the area committee served the larger community, and hoe can the committee better serve the community-at-large?
3. How well has the area committee done at supporting NA's regional and world services? How can the area provide better support for these services?

A substantial amount of preparation is required on everyone's part for an effective inventory. GSR's, officers, and subcommittees must take a fearless look at their work over the last year and come to the inventory session prepared to review their roles on the committees. GSRs should spend time with their groups considering what needs might be addressed by the area committee in the next year and come to the inventory session with ideas in hand. Officers and subcommittees should take the time to look at the make-up of the larger community in which they live, ask themselves how NA could be more effective in reaching out to that community, and be prepared to share their thought with the entire area committee. And perhaps most importantly, all area committee participants should make an extra effort to prepare themselves spiritually to make the most of the area inventory meeting. Materials available from your World Service Office may provide additional help, especially in developing an agenda for your inventory session."

**March Area will be an Inventory Session-** We will be in Pryor next month. Sub committee will still meet at 11 at their regular time. Area will start at 1 as usual.

- Sponsorship Behind The Walls discussion: There are positions starting to be filled for this new service. Tulsa is one of the locations being considered as a hub for a P.O. Box and a scanner, coordinator will be needed if chosen. 3 year clean time is the current requirement subject to more discussion as this develops.

- H&I DRT Discussion: Defining exactly what is a DRT (Drug Replacement Therapy) as in a list of specific medications being a very complicated thing to do, also new drugs will continue to be developed. This has become a problem of individuals on DRTs asking to do H&I. We must take seriously the need and responsibility to carry a clear Narcotics Anonymous message into our jails and institutions. H&I requires 90 days clean to participate in H&I. H&I committee will continue to develop a procedure to have in place to be added to their guidelines. The sub committee vote was 18 For 0 Against to have put this in place that not days clean from DRTs is to be the requirement to participate on an H&I panel.

### GROUP SHARING:

- OKCRNA is asking groups to sponsor time slots in the hospitality room at the convention. Suppling food ect please see Steve H. There are 7ish slots available
- IT Works- Tuesday at 6pm at Jimmy's Place is in danger of closing. This group gets a lot of new and young addicts, aproximately 25-30 per night, but is not bringing in very much in donations and has little support from experienced members. Very few home group members. They are barely making rent and needs some experience and sponsors.
- RAW could use some experienced members to come. Lit discussion and open sharing
- JAH Speaker Jam March 25 1-5
- **Keep Coming Back- Has changed meeting days. Now meets Thursday at 7pm.**
- Noontime Valentines Day couple speak Brad and Jessica
- Northside will be having a concept study meeting the 2<sup>nd</sup> Thursday. Also IS a willing participant in CAPTURE the FLAG
- Spiritual Connection Music Art & Poetry April 2nd

### DISPERSMENTS-

50.00 Sun Building  
 80.47 Lit Office  
 110.00 Jimmy's Place  
 69.45 H&I printing  
 77.74 Joe  
 25.00 More Hardcore Revealed  
 48.13 Keith  
 74.22 Angie

Regional Donation: 0

**GSR REPORTS:** (In the interest of time, please consider limiting GSR reports to activities, announcements, and/or changes to meetings.)

**BARB of NA** -- Birthday meeting last Tues of month, Speaker @ 7:30 pm

**Bartlesville The Other Side Group** -- group c. 2<sup>nd</sup> Wednesday @8

**Blind Faith-**

**Bristow N.A.-**

**Broken Arrow Serenity Seekers** -- B'day meet last Thurs; eat @6:30, speak @7pm;

**Claremore NA** -- B'day meeting first Thurs of the month, eat at 7, speaker at 8.

**Clean Slate-**

**Collinsville Crosswins-**

**Cushing Connection.-** Birthday meetings are on clean date

**Double Trouble Pryor** -- B'day meeting 3<sup>rd</sup> Sun of the month @ 3:30 pm

**Foyil N.A.-** Group c. is the last Monday of the month

**Hump Day Group** -- B'day last Sunday of the month @ 7pm

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**It Works** – Birthday meeting last Tuesday of the month @ 6:30  
**Just Another Hour** – Birthday meeting 3<sup>rd</sup> Fri @ 10:30pm eat, 11:00 speak  
**Just For Today- Mcallister-**  
**Just For Today- Tahlequah-**  
**Just In Time-**  
**Keep Coming Back-**  
**Krazy But Klean- Vinita**— B'days first Sat of the month @ 6pm  
**Let Your Light Shine-**  
**Living Clean-**  
**Lost and Found Group- Okmulgee-**  
**McIntosh Group- Eufaula-**  
**Meeting Group-**  
**More Hardcore Revealed** –Birthday meeting third Thurs of the month 6 pm  
**NA A Risin** – B'day meeting 2<sup>nd</sup> Sat of the month, eat 6:30am, speak at 7am  
**Noontime Connection** – Birthday meeting last sat of the month, @ noon  
**North Side Stroll** - Birthday meeting last Mon @ 7pm  
**New Beginnings- Miami---**Birthday meeting Last Tuesday of the month at 6pm  
**Owasso Gratitude Group-** – B'days 2<sup>nd</sup> Friday of the month @ 7:00 pm.  
**Peace of Mind** —Birthdays last Friday of the month at 6:30  
**Sapulpa N.A.--** Birthday's last Tuesday of the month  
**Second Chance** – B'days 4<sup>th</sup> Friday of the Month, 8:30 eat, speaker 9pm  
**Sharing In Recovery** – Birthdays last Saturday of the month, @ 7 pm  
**Solutions** – B'day meeting 3<sup>rd</sup> Tues @ 7:30  
**Southside Recovery** – B'days 2<sup>nd</sup> Tuesday @ 6:30 pm  
**Spiritual Connection** – B'days 3<sup>rd</sup> Sunday of the month @ 10 am  
**Stone Cold Clean** – B'days last Thursday of the month @ 7pm, eat before  
**Stand By You--** meets Monday's at 6-7 and 7:30-8:30pm 405 SE 2nd St. Pryor,OK  
**The Other Side Group Nowata--** Birthday meeting the last Saturday of the month eat at 6 speaker at 7  
**Tulsa Original Group** – B'days 4th Sunday of the month @ 6 pm  
**Ultimate Wepon Muskogee-**  
**Up and Coming Group-**  
**Walk Your Talk**– Group c 4<sup>th</sup> Saturday at 4  
**Weekend Warriors Pryor** – B'day third Sat @ 6pm  
**Westside Group** – Birthday second Saturday @ 5pm

#### Announcements:

#### Next Area

**03/26/17 EASC Meeting hosted by Hump Day Group at 225 S. Rowe St Pryor, Ok. Sertoma Club**  
**11am sub-committee meetings,**  
**12 will be Steering Committee**  
**1pm business meeting**

See attachments for this months flyers of events!

**Closing:** Since there was no further business to be brought before the groups, the meeting was adjourned and closed with a moment of silence.

Respectfully submitted,  
 Jamie W..

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