

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org

EASCNA

7107 S. Yale Ave, PMB #114

Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair, Toeknee K, on October 27, 2024. A moment of silence, followed by the Serenity Prayer.

The 12 Traditions were read by, Rickey

The 12 Concepts were read by Bailey

JFT Meditation was read by Larry

The roll was called and a quorum was established.

Total Officers - 9 Total GSR/GSR Alt's - 24

Minutes read and approved as read

Chair Report (*ToeKnee K*) Nothing to report

Vice Chair (*Alex N*) No report

Secretary (*Chase F*) Nothing to report

Treasurer's report: (*Kandice N*)

**Please note I did NOT send \$500 to World nor did I send \$500 to Region after last months' Area. My apologies. I know the suggestion of upping the prudent reserve is coming up, so I will leave the disbursements up to the group on what to send up the service structure. I will have the check for Jimmy's Place Lit Room Rent on Monday in the mailbox, and I will send the money directly to the group hosting via whatever method they prefer - CashApp or Check. Just let me know what the group decides on passing up the structure and I'll send appropriately.

EASCNA Treasurers Report October, 2024					
Ending balance on September statement	\$7,642.32			Total cash on hand	\$9,980.35
				Prudent Reserve	-\$1,700.00
Deposits for October	\$3,205.00	Beginning Balance	\$7,642.32	PR Budget Last Month	\$750.34
Debits for October	\$866.97	Add Deposits	\$3,205.00	PR Expenses this month	
		- Outstanding Deposits		PR Budget Remaining	\$750.34 -\$750.34
Outstanding CashApp Deposits	\$0.00	Minus Debits	-\$866.97		
		- Outstanding Debits		Activities Budget	\$3,000.00
		Total	\$9,980.35	Activities Expenses this month	
				Activities Budget Remaining	\$3,000.00 -\$3,000.00
Disbursements	\$4,530.01				
Jimmy's Place Lit Rent	-\$162.00			Amount over Budgeted Expenses/Prudent Reserve	\$4,530.01
World Donation					
OKNA (Region)					
Group Reimbursement for hosting area	-\$50.00				
Patsy W. Outreach Reimbursement	-\$100.00				
Total Disbursements					
Remaining Amount Over Prudent Reserve	\$4,218.01				

The body agreed that we will send the \$500 to Region and \$500 to NAWS as approved at Oct ASC.

RCM Report: (Kaylin G) [See this link to highlights from last regional meeting.](#)

Also, the links for the region's new social media accounts are below:

Facebook: OK Region of Narcotics Anonymous

<https://www.facebook.com/share/QCyw8Tpz6UH9Xc6S/?mibextid=LQQJ4d>

Instagram: okregionofnarcoticsanonymous

<https://www.instagram.com/okregionofnarcoticsanonymous/profilecard/?igsh=M29qZDBOZDIkMThp>

If a group or the area would like a flyer posted to the accounts, members can email flyers to socialmedia@okna.org.

The RCM asked for feedback on the regional question regarding regional events. We had much discussion at ASC, but there was a suggestion to provide an online survey for more feedback. You will find a [link to the survey here](#).

Subcommittee Reports:

Activities Report: (Shane C) Not in attendance. No written report submitted.

H&I Report: (Ben B) Verbal report given at ASC. No written report submitted.

Lit Report: (Hannah C)

Inventory Date		10/23/24	(this comes from the Inventory worksheet - Ending Inventory column AG)
Inventory Total		\$ 3,105.57	(this comes from the Inventory worksheet - Ending Inventory total column AG)
Total Sales			
Sale Value		\$ 2,299.54	(this number comes from the Inventory worksheet - Total Sold column AJ)
Taxes	0.08517	\$ 195.85	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)
Shipping	6%	\$ 137.97	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)
			\$ 2,633.36
Total Receipts			
Cash on Hand		\$ 214.25	(This number comes from the Bank Activity Report)
Prepaid			
Total Sale Deposits		\$ 1,916.46	(this number comes from the Bank Activity worksheet - Total deposits for the period)
		\$ -	
			\$ 2,130.71
			\$ (502.65)

PR Report: (Kieth T)

Online phonline orientation complete. The hope is to make the phonline orientation more assessable and attract more volunteers.

May be found at the EASC website, eascna.org

1. Watch the [EASC Phonline Training](#)
2. Read the [EASC Phonline Guidelines](#)
3. Send an email to the [EASC Phonline Coordinator](#) detailing –

That you have watched the training and read the guidelines,

Provide your email and phone # (to be used with phonline), day(s) and time slot(s) you would like to volunteer for.

You will then be contacted by the Phonline Coordinator

The literature racks that were on backorder have arrived for the “Group Rack” project, and the downtown rack at a place called the Justice Link as well as the racks in Wagoner seem to be productive at least for our lit distribution.

Website – seems to be running well

Outreach Report: (Patsy W) [see this link to report](#)

Old Business:

EASC Bylaws

As we discussed at the Sept EASC, the EASC bylaws have not been updated with changes since May 2020. An Ad-Hoc was established including ToeKnee K, Alex N, Kaylin G, Kandice N, and Lawrence S. The result was distributed to groups at this ASC and is [posted to website here](#). Please take this back to the groups to approve. Some housekeeping changes have been made (i.e., Change ‘World Services’ to ‘NAWS’). Other more significant changes have been previously discussed and approved by EASC, just not updated in the posted bylaws. While this is an ‘all or nothing’ motion to approve, if your group has issues with specific changes, please provide that feedback.

Motion: To change the EASC Bylaws based on the attached ‘redlined’ version. These changes are made based on the review of Adhoc committee.

Intent: To make updates previously discussed and approved at EASC, but not changed in EASC Bylaws.

New Business:

2025 Group Hosting of ASC

The 2025 group hosting signup was passed around. Groups filled in all slots except Aug 31 and Sept 28. Groups can contact the Chair(ToeKnee K) at chair@eascna.org if they want to sign

up for one of those spots. If the spots are not filled by the Dec EASC, we will open up for groups to sign up for a second hosting. The EASC location schedule can be found at <https://www.eascna.org/easc-meeting-schedule/>

Internet for Lit Office

The Literature office has had some issues with connecting to the internet to complete credit card transactions. Jimmy's place does not have Wifi service. The Lit Chair, Hannah, discussed that there is Cox Wifi available at the Jimmy's place location which is available at no extra cost to Cox customers (these Cox Wifi spots are located through eastern Oklahoma (<https://www.cox.com/residential/internet/learn/cox-hotspots.html>)). Hannah has set up the Lit ipad with the connection information, so it should work in the Lit office going forward. It was also discussed that there may be a need for wifi access when ASC meets in other locations. Currently, the Lit Chair is using their phone for hotspot access. We discussed that the potential cost would be about \$60/month for a mobile hotspot. **We agree to table this topic until the Dec EASC** to allow the Lit Chair to gather more information and determine if there is still a need.

Literature Ordering

It was discussed that the Literature Office has been ordering from the Lone Star Regional Service Office. Several officers noted that EASC had previously decided we would order only from NAWS due to issues Lone Star was having with filling orders. This was discussed in Dec 2023 / Jan 2024. Since our Lit Chair was newly elected (July 24), they were not aware of that requirement and have been ordering from Lone Star for the past several months. Discussion at EASC agreed that we should order from NAWS as was decided before.

The Lit Chair reported that we would not be able to complete our next order due to not having enough funds in the Lit account. Lone Star allows us to pay for an order in 30 days(Net 30) while NAWS requires payment when ordering. In a given month, the Lit account typically does not have enough \$\$ (Cash on Hand) to cover a monthly order.

After much discussion, we decided to split the path forward into two questions 1) How to handle this next order (needed soon) and 2) which source to use going forward.

For question 1) A motion was made and seconded to use Lone Star for the next order.

Approved with 1 not-in-favor.

Question 2) was tabled until the Dec EASC to allow for the Lit Chair to gather more information.

Group Sharing: see [this link for Group Report forms](#)

Highlights:

- Nowata KISS meeting will stop meeting on Fridays
- Northside Stroll and Lost Dreams will host Thanksgivings dinner
- Monster Mash was a success

Disbursements:

\$500 to NAWS (from Sept); \$500 to region (from Sept); \$50 to NAArisen for hosting; \$165 for lit office

Announcements:

Next EASC will be hosted by: More Hardcore Revealed at Jimmy's Place, 6530 E 21st Suite E
Tulsa Oklahoma 74129

11am Sub-Committee Meetings

12pm Steering Committee

12:30 New GSR Orientation

1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available - \$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN
ORDER TO FUND THE SERVICE STRUCTURE**

CLOSING

In service,

Chase F